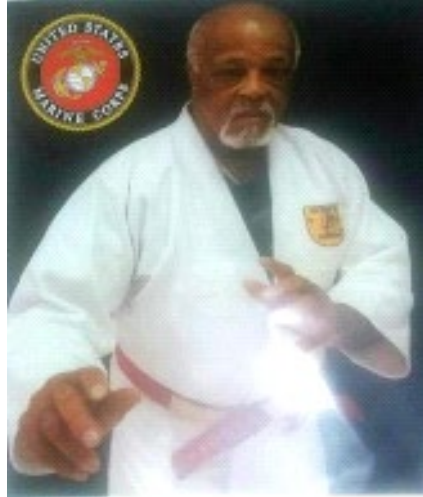


Grandmaster E. R. Spruiell

Biography



Sensei E. R. Spruiell, born May 5, 1945, is currently active in providing a service to Judo. In 1995, he established the Norfolk School of Judo & Jujitsu, Norfolk Virginia. His Dojo reflects the philosophy and training of Kodokan Judo and the Sasori Neko Ryu goshin-Jitsu Silat Association.

Sensei Spruiell has been involved in competing, coaching and officiating in Judo and the Martial Arts. He began in 1966 for the All-Marine Corps Regional championships. He was also; Marine Corps champion in 1967 & 1968.

Sensei Spruiell credits his accomplishments to the leadership and instruction he received from the following instructors:

Mr. John Evans, Yodan; Mr. Ben Sotsug (Gihokan judo Club); Sensei Pop Moore and son, Sensei Roy Moore, Jr. (NTC, San Diego, CA); Mr. Ernie Gates (MI-Marine Corps Champion); Mr. John Rosesberry (all Marine Corps champion); Mr. Ernie R. Smith (Schichidan Judo & Hichidan jujitsu); Dr. Takahiko Ishikawa (MI-Japanese Champion, Kudan); Mr. George Harris, Kudan; Mr. Philip Porter, Kudan; Mr. John T. Anderson Mr. Robie Reed, and Mr. Sid Kelly (7th Dan Judo & 6th Dan Jujitsu-Judo workshop videos, Inc.

Grandmaster Spruiell provided Judo & Martial Arts instruction at the following organization in the Norfolk and Adjacent areas:

- University of Virginia- Judo Club
- Calvary Square Family Investment Center
- Family Investment Center at Oakmont North
- Suffolk Family Investment Center
- Norfolk State University- Tidewater Judo Club

- Virginia Judo Club at Virginia Beach Judo School-Virginia Beach Martial Arts Center
- Conducted classes at YMCA in Portsmouth, VA University of Virginia

Achievements

- * 1st place-1967-68 Marine Corp. Championship Awarded Black Belt-Kohaku Shiai
- * Of 27 Tournaments, sensei Spruiell placed 1st 21 times
- * 1968 Winner Black Belt Championship an North Island 4th annual Invitational
- * 27-Time Winner of Virginia State Championship & Grand Champion
- * 1970 began the study of Sasori Neko Ryu Goshin Ju-Jitsu
- * 1972 Grand Champion in Shufu Regionals
- * 1974 Promoted to Sandan by the Kodokan
- * Studied under the great teacher, Mr. Takahiko Ishikawa
- * 1983 Held two weight classes at USJA National and placed at the U. S. Sports Festival
- * Senior National Masters Championships 3-time Am/Can Masters Champion
- * June 26, 1999-World Karate Union Hall of Fame Inducted Sensei E.R. Spruiell as Master Instructor of the year Kodokan Judo
- * July 17, 1999 United Sokeship Alliance 1999 Hall of Fame Inducted Sensei E.R. Spruiell Sensei of the year
- * June 18, 1999 Sokeship, Headfounder, Headfamilies, Grand master Council Ellerton Ravon Spruiell to the rank of Judan 10th Degree Black Belt
- * Sept. 23, 1999 The Eastern U.S.A International Martial Arts Association, Inc. membership to Ellerton Ravon Spruiell * Sept. 23, 1999 Eastern USA International Martial Arts Association Black Belt Certification of Proficiency Ellerton Ravon Spruiell rank of Judan Black Belt
- * Sept. 14 2003 U.S. Judo Inc. Certified Master Teacher - Class A
- * Oct. 21, 2006 1st Place U.S. Judo Open - Masters Championship
- * April 14 2007 U.S. Judo Inc Chartered School
- * February 2013 - Certified Krav Maga Instructor
- * Sept. 12, 2013 **President of the International Krav-Maga Institute - USA**